

UPCOMING EVENTS

Support Group: The next support group for families with a loved one being affected by Dementia/Alzheimer's takes place on Tuesday, 4 July in the boardroom at 10am and Saturday, 8 July, at 9:30am in the card room. Contact Lorna Quinn on 082 456 5692 or email lornaquinn@telkomsa.net for more info.

Hymn Singing: Tuesdays in the chapel - 2pm-2:45pm.

Bible Study: Wednesdays in the chapel from 2pm-3pm.

News Group: Every Thursday, Cedar Park patio at 9:30am. All welcome.

Card Making: 20 July in the OT/Activity Centre at 2pm.

Soap-making: 20 July in the OT/Activity Centre at 2pm.

Hands & Nails: 27 July in the OT/Activity Centre, from 10:30-11:30am.

Sing-a-long: Come sing-a-long to good old favourites or learn a new tune in the OT/ Activity Centre from 9:30-10:30am on 13 and 27 July.

WHAT'S NEW?

Garden Sale: At our monthly Lotto concerts, be on the look out for the Activity/OT team, who will be selling various potted plants, planted by the care centre residents. Prices range from R15 to R40 each.

Calling all knitters! We are looking for residents and staff to start knitting squares which will be joined together to make blankets in aid of Mandela Day. Our Knit-a-thon will be held on 18 July in the hall. Tea and snacks will be served from 9-10am. The competition will start at 10am. This year we will be having an inter-village competition to see which Rand Aid village can knit the most squares! In the meantime, we need to build up our square collection. Donations of wool and knitting needles would be appreciated but if you need either wool or needles to take part, you can collect these from the Activity Centre.

The requirements for the squares are as follows:

Needle size: 8 or 9. Wool: Double Knit. Cast on 30 stitches and knit 54 rows.

Pre-knitted squares can be dropped off at the Activity Centre/ OT Department.



CROQUET ANYONE?

A few residents decided that it would be fun to re-engage with one of the past-times of their more youthful days --- croquet! So one sunny afternoon in June, out came the mallets, balls and wickets and players who were mobile, moved around the croquet course, whilst others gamely attempted the sport seated, or from their wheelchairs. It was lovely to see folks enjoying a bit of gentle sport and exercise, and inspiring to see their determination and competitive spirit come to the fore.

"Yes, alright," said June Smith, who celebrated her 91st birthday on 20 June, when asked if she would like to try her hand at croquet. She said she wasn't sure if she would be any good, but she would give it a go. Porter Kedibone Shongoane took June around the croquet course in her wheelchair and showed her what to do.

It was a magical moment when we watched her focusing intently on the ball and knocking it through all the wickets. Surprised that her mother managed to play the game, daughter Julie asked, "How could she play croquet, she can't walk?" When she was told how it had been managed, she was delighted. And that is what makes this so magical – the fact that June could play croquet from her wheelchair, was willing to try, enjoyed her success and found a new activity which brought her joy!

Magical moment



At 91 years of age, she is still growing and achieving -- what an inspiration to us all!



meant some staff members were

On June 15, without much warning, certain Gauteng taxi organisations went on strike which

unable to get to work. However, a group of dedicated employees took the decision to sleep over to ensure continuity of care for the elders. "In addition, when those staff members who live within close proximity to the care centre were contacted, they arrived without hesitation to assist and ensure

our residents were cared for and all meals served on time," says Matron Avril Maltman, Rand Aid's Senior Nursing Manager "Housekeeping personnel also volunteered to work past their scheduled time to assist where they could. This endorses the true spirit of our commitment to our elders."

Resident

My name is **Enzo Merolla**. I live on River Lodge 2. **Things you may not know about me:** I was born on 4 November, 1935, and grew up in Italy. My father was a hairdresser and my mother was a housewife. I received a Diploma in Draughtsmanship and Quantity Surveying from Collegio die Geometri in Italy. I met my wife Antonietta through family and we married in Caserta in 1960. We were married for 52 years. She was a very wise person and gave me a lot of guidance throughout our marriage. Our four children were all born in Italy: Rose, who now lives in Joburg, Maria (USA), Cory (Cape Town) and Jack (Australia). I have five grandchildren. In 1970, our family emigrated from Italy to South Africa, so that I could take up a job offer from Lupini Bros. Construction Company. We lived in Orange Grove (Little Italy) until 2012 when my wife passed away. We belonged to the Roman Catholic Church and participated in the life of the Italian community. My priorities have always been: God, family and soccer, in that order. I have always been a family man. Purpose in life, honesty, integrity, caring about the well-being of others and helping the less fortunate have always been important to me. **A few of my favourite things:** I enjoy art and anything beautiful. I love Italian operas such as La Traviata, dancing, painting, bingo and going for walks. I enjoy being creative and using my imagination.



Employee

My name is **Brenda Ratema**. I am an ENA on River Lodge 1. **Things you may not know about me:** I was born on 22 September, 1984, and grew up in Pietersburg, Limpopo. My home language is Sepedi. After matric, I went to nursing college in Joburg and then got a job with Rand Aid. After working as a care worker on Woodlands and Lakeside for five years, I decided to attend Empilweni Nursing College to train as an ENA. I started working in this position on River Lodge 1 in May 2017. I live in Diepsloot with my younger sister, Beauty; my son, Terry (14) and baby Jaden (1). My fiancé Godfrey and I plan to marry next year. I am proud that I was able to train, work and provide for my family and am grateful to my mother, who fed me, clothed me, paid for my tuition fees and looked after my son when I was looking for a job. My dream is to further my training so I can qualify to become a staff nurse, sister and midwife. It gives me joy to help those who cannot help themselves. I belong to the ZCC church. When I have a problem, I always turn to prayer and ask God to help me find a solution. **A few of my favourite things:** I enjoy laughing, reading true stories, watching action movies and listening to jazz. Whenever I'm off, I like to go to gym with my friend and to spend time doing homework and puzzles with my son.



Volunteer

My name is **Clair Harding**. Being a lover of music and dancing, I have volunteered in the Activity Centre, leading the movement and music group on Wednesday mornings for the past four years. **Things you may not know about me:** I was born on 8 May, 1944, and grew up in the southern suburbs of Joburg. I matriculated from the Hill High School and wanted to be a high school teacher, but after a short stint, the commercial world beckoned, and I spent the next 50 years of my life in business. I met my husband Glyn through a work colleague and we hit it off straight away, despite the fact that he was Catholic and I am Jewish! We were married for 12 years and eventually ran a business together in the grocery trade. I have a son Bradley and two grandchildren. I have lived at Thornhill Manor for the past 14 years and have always thought that it is a little piece of heaven. Rand Aid is a very caring organisation and I am grateful to be treated as a person, not a number. I'm grateful for the life I've had, for health and independence. **A few of my favourite things:** I played tennis, hockey and golf all my life and am mad about cricket and soccer. I enjoy the English Premier League and am a Chelsea supporter. The highlight of my life was when I attended the 1992 Cricket World Cup in Australia and New Zealand. I like autumn shades, books by Jeffrey Archer, biographies and reading about sports.



Birthdays

RESIDENTS

3 July, Marie Diesel (RL3) 80
3 July, Valerie McBain (CP) 78
5 July, Maria Mendonca (LS) 81
8 July, Karen Mitchell (CP) 70
21 July, Janice Costigan (RL2) 72
26 July, Victor Daniel (RL2) 93
30 July, Bertha Hennings (RL3) 85
31 July, Rosina Pretorius (RL2) 86

VOLUNTEERS

2 July, Veronique Wilson
7 July, Jean Johnson
16 July, Denise McGee
25 July, Caroline Booysen
30 July, Jennifer Lindemann

STAFF

2 July, Graham Matlawa (Housekeeping)
3 July, Dora Thwala (RL1)
6 July, Hugh Parkin (Maintenance)
7 July, Victor Mazibuko (Security)
11 July, Jabu Simelani (Housekeeping)
13 July, Eunice Lakay (Cedar Park)
15 July, Grace Tshikalange (Woodlands)
16 July, Lilly Mathebula (Woodlands)
18 July, Constance Bonoko (Catering)
19 July, Loraine Martiny (RL3)
19 July, Dorothy Mashaba (RL3)
22 July, Mary Kekana (Housekeeping)
22 July, Chrestina Nzeru (Security)
23 July, Melta Molefe (RL3)
26 July, Peggy Plaatjie (Cedar Park)
30 July, Dorcus Moalusi (RL2)
31 July, Thembi Sibiyi (Cedar Park)
31 July, Sewela Letsoalo (Cedar Park)

FONDLY REMEMBERED

- Lynn Kingston, Lakeside (5.06.2017)
- Rooplal Davcharan, River Lodge 1 (12.06.2017)
- Jill Smith, Woodlands (13.06.2017)
- Rhoda de Beer, River Lodge 1 (18.06.2017)

WELCOME TO

Ellen Prinsloo (River Lodge 2)
Maureen Naven (River Lodge 2)
Richard Hague (Lakeside)
Olimpia D'Ascenzo (River Lodge 2)



Edenvale Senior songsters entertained the residents at our June Lotto Concert. An all-time crowd favourite 'Mama Thembu's wedding' certainly got the crowd going.