



New management at Elphino's coffee shop! Welcome to Wanda and her team. Pop by the coffee shop to see what's new on the menu. Also be on the lookout for weekly specials. Pictured: Wanda de Groot with some of her enthusiastic staff members in the background – Vivacious Sibanda, Vincent Masilo, Thulani Khumalo and Trynios Ncube.

Rainbow Happy Hour – Magical!

On 26 July, the Ron Smith Care Centre was a hive of activity. In preparation for the rainbow-themed Happy Hour to be held later that evening, residents and staff baked delicious cake pops and glazed them in all seven colours of the rainbow. Then the main dining room was magically transformed into a kaleidoscope of brilliant rainbow colours, as staff worked to decorate the venue with rainbow-coloured chains and beautiful crepe paper flowers that the residents and staff had learnt how to make in the previous weeks leading up to the event.

The Happy Hour finished off with the care centre's tradition of dancing to lively, happy music. The residents and staff thoroughly enjoyed themselves. The evening was full of colour, fun, warmth and good cheer and was a bright spot on this winter's day.

Magical moment



UPCOMING EVENTS

Support Group: The next support group for families with a loved one being affected by Dementia/Alzheimer's takes place on Tuesday, 1 August, in the boardroom at 10am; and Saturday, 12 August at 9:30am in the card room. Please contact Lorna Quinn if you are interested in joining the support group on 082 456 5692 or email lornaquinn@telkomsa.net

Hymn Singing: Every Tuesday in the chapel from 2pm-2:45pm.

Bible Study: Every Wednesday in the chapel from 2pm-3pm.

News Group: Every Thursday, Cedar Park patio at 9:30am. All welcome.

Card Making: 17 August in the OT/Activity Centre at 2pm.

Hands & Nails: 24 August in the OT/Activity Centre, from 10:30-11:30am.

Soap-making Group: 17 August in the OT/Activity Centre at 2pm.

Sing-a-long: Come sing-a-long to good old favourites or learn a new tune in the OT/ Activity Centre from 9:30-10:30am on 10 and 24 August.



On 18 July, Madiba's birthday, residents from Elphin Lodge and Ron Smith Care Centre, staff and volunteers gathered together in the Hall to knit or crochet for 67 minutes. In total, 334 squares were completed on the day and before the time, and donated to the national **'67 Blankets for Mandela'** initiative.



Resident

My name is **Etienne Geysers**; I am from River Lodge 3

Things you may not know about me: I was born on 21 February, 1933, in Ceres in the Western Cape and come from Belgium and French stock. My grandfather was a sailor who came to Cape Town from Belgium in the 19th century. I went to school in Mossel Bay. As a young boy, I was always playing around with electrical fittings, motors, appliances and telephones and one day decided that I wanted a career in telecommunications. At age 15, I began my technical studies at the Post & Telecommunications College in Cape Town. After 5 years, I was awarded a National Diploma. Career-wise, I worked for Phillips in Rhodesia for 10 years as Technical/Commercial Manager and for Siemens for 27½ years, my last position being MD: Business Systems Division. I met my wife, Vera, when we both worked for Siemens.

A few of my favourite things: The travel bug bit me when I was in my teens when I used to hitchhike all over Southern Africa. Along with my love of travelling is my love of cars. I have owned 22 cars and driven more than 2.5 million km, of which 600 000 km have been driven in 45 of the 56 countries I have visited. The best cup of coffee I have ever had was in Brazil. I was a workaholic so after I 'retired' I started my own business as an agent and supplier of soap and hotel amenities.



Employee

My name is **Martha Mabuyela**, I am an ENA on River Lodge 3

Things you may not know about me: I was born on 8 December, 1969 in Pretoria and matriculated from high school in Pietersburg. My home language is Sepedi. Although my dream career was nursing, I didn't have the finances to attend training college, so I moved to Johannesburg to look for work. After 12 years of working first, I finally was able to attend nursing college and qualified as an ENA. I have worked for Rand Aid since 2015 and I love nursing with all my heart and soul. I have strong relationships with our residents and I instinctively understand how to care for those living with dementia. I live in Thembisa with my husband Rommy. We have two daughters: Shirley (24) & Tina (20) and two grandsons: Mohau (7) and Moloko (2).

A few of my favourite things: My favourite colour is royal blue. I like pink roses, hot bubble baths, Rebecca Malope, the ZCC Brass Band and watching Steve Harvey and Scandal on TV. I am very involved in church activities and belong to the choir. I used to play netball and enjoy watching rugby. The Blue Bulls are my favourite team. I like sheep because they are quiet, whereas goats are so naughty! My favourite foods are samp with mogo, marshmallows and Eet-sum-mor biscuits.



Volunteer

My name is **Carroll Prigge**, I help with the Walking Programme

Things you may not know about me: I was born on 19 March, 1948, and grew up on the Natal South Coast. The best thing about growing up on the coast was living so close to the beaches which I loved. I worked for SAA for 25 years, first as cabin crew, and then on the ground in various positions in Johannesburg and Durban until I retired four years ago. I have always worked with people and enjoy the interaction. I met my husband, Wil, at my cousin's wedding on Valentine's Day and we've been married for 36 years. We have 2 children: daughter, Keri who lives in Portland, Oregon (USA) and son, Dean, who is teaching English in Nagoya, Japan. My husband and I love travelling and at the drop of a hat, we will just chuck things in a suitcase and take off for a little travel adventure! Some of our best trips have been to Kruger National Park, Portugal, Lisbon, Zurich, and, of course, Oregon.

A few of my favourite things: My favourite colour is turquoise. I enjoy gardening, walking, birding, game viewing, going into the bush and getting away as often as we can! I love all music and reading, especially crime novels. My favourite country is Portugal because it is very relaxed, has a lovely countryside, and I love the way they cook – the food is great! I am grateful for good health, good friends and independence.



Birthdays

RESIDENTS

2 August, Alan Clark 74 (WL)
3 August, Ethelwynne van Eck 81 (WL)
6 August, Frank Mitchell 96 (CP)
9 August, Irene Watson 96 (RL1)
11 August, Louis Newman 86 (LS)
17 August, Sonja Dikken 87 (LS)
19 August, Irene Jarman 77 (LS)
20 August, Moyra Levenson 91 (WL)
21 August, Dorothy Debruyen 99 (RL1)
27 August, Maria Roberts 95 RL1)
27 August, Joyce Dubb 85 (LS)

VOLUNTEERS

9 August, Margaret O' Donoghue
17 August, Christina Van Rooyen
20 August, Kathy Theron
24 August, Shirley Blieden
27 August, Marina Smith
31 August, Felicite Horn

STAFF

5 August, Portia Mantome (WL)
8 Aug, Nkhensani Shibiti (Housekeeping)
9 August, Lisa Mtshali (CP)
12 August, Marieta Viljoen (Relief Sister)
15 August, Jennifer Sigida (LS)
20 August, Alice Molepo (WL)
23 August, Avril Maltman (Matron/Mentor)
25 August, Tanya Switala (Admin)
30 Aug, Paul Swanepoel (Maintenance)

FONDLY REMEMBERED

Janet Smart River Lodge 1 (11.07.2017)

* We extend our condolences to their families and loved ones.

WELCOME TO

Albert Levenson (Woodlands)
Moyra Levenson (Woodlands)
Patricia Dale (Woodlands)



On Mandela Day, residents were visited by children from the First Edenvale Scout troop, who entertained with singing, dancing and poetry and then served tea and delicious cupcakes. The afternoon was thoroughly enjoyed by all. Pictured: Residents Enzo Merolla and Christine Kincaid-Smith and cub pack leader Desiree Hogan with some of the visiting cubs.