

WHAT'S NEW?

Beautiful Christmas plants and Christmas cards for sale on Tuesday, 28 November at the Morning Market at the Lapa. Plants: 30 to R40, cards: R30 for five. The plants are also available from Salina in the OT Activity Centre and the cards are available at reception.

PAST EVENTS

Our Volunteer Angels: To show our appreciation, a volunteer pizza party was held on 30 November under the trees at the lake, to thank all our volunteers who continue to light up our world, touch our lives and make a difference at Ron Smith Care Centre.

GARDENING THERAPY: The happy gardeners from the garden therapy group held in River Lodge 3.



Wishing all residents, staff, friends and families a Merry Christmas and a prosperous New Year and all Jewish residents, families and friends a Happy Chanukah

Residents and staff members enjoy the vibe and colour at the Italian-themed Happy Hour.

Mama Mia! What a party

Staff and residents, particularly those on the Woodlands wing, were excited for weeks as they prepared for an Italian-themed Happy Hour for the entire care centre on November 15.

The dining room venue was gaily decorated in green, white and red (the colours of the Italian flag) and guests were invited to wear the same colours. Eye-catching centrepieces were made by the residents and staff in the OT Activity Centre. On the menu were home-made pizza, sausage rolls and themed cupcakes (also made by the residents and staff).

The residents were divided into five teams: Teams Spaghetti, Macaroni, Ravioli, Cannelloni and Lasagne and participated in a memory and colouring-in challenge while staff presented a hilarious musical skit.

■ Full story and more photos on <https://www.makingmemorieslast.blogspot.co.za/>

UPCOMING EVENTS

SUPPORT GROUP: The next support group for families with a loved one affected by Dementia/Alzheimer's takes place on Tuesday, 5 December in the boardroom at 10am and Saturday, 9 December at 9:30am in the card room. Please contact Lorna Quinn if you are interested in joining the support group on 082 456 5692 or email lornaq49@gmail.com

HYMN SINGING: Every Tuesday in the chapel from 2pm-2:45pm.

BIBLE STUDY: Every Wednesday in the chapel from 2pm-3pm.

News Group: Every Thursday, Cedar Park patio at 9:30am. All welcome.

WALKING PROGRAMME WITH TEA AT THE LAKE: Thursday, 7 December, at 10:30am.

HANDS & NAILS: Thursday, 14 December, in the OT/Activity Centre from 10:30-11:45am.

SING-A-LONG: Come sing-a-long to Christmas carols in the OT/Activity Centre, 9:30-10:30am on 7 and 21 December. RSCC Christmas Lunch: Wednesday, 20 December, in the main dining hall with Christmas carols starting at 11am.



FONDLY REMEMBERED

- Val Smith, RL3 (8.11.2017)
 - Maureen Taylor, LS (17.11.2017)
 - Donald Reed, RL2 (23.11.2017)
- * We extend our condolences to their families and loved ones.

WELCOME TO

- Collin Surtees, RL3
- Lorna Topp, RL 3
- Alison Bell, RL3
- Alfred Tromp, RL 3
- Maureen Grimley, LS
- Halina Malujlo, RL 2
- Willie Hopley, RL 3

Resident

Anne Brokensha, Cedar Park resident.

Things you may not know about me: I was born in India, in what is now Pakistan, on 28 January, 1921. My father was in the British forces and fought in WW1; my mother was a nurse. The year I was born, my father was discharged from the army and we moved back to England. After the war, however, there was no work available, so we moved to South Africa, where my father bought a farm in the Eastern Cape. When I was 10, we moved to Egypt, where my father took up a teaching post. After two years, my sister and I were sent to England to be schooled. After matric, I spent a year in France and then worked as a secretary for a company in London, where French was spoken. I also joined the Women's Royal Naval Service and am very proud of the work we did to serve our country during the WW2. After the war, I went to SA for a visit and met my future husband, Dennis. We married in 1946 and set up home in Kensington. I have four daughters and 11 grandchildren.

A few of my favourite things: I read widely but especially enjoy psychological thrillers and detective stories by Nicci French. I enjoy light classical music, watching the news and wildlife programmes on TV, doing crossword puzzles and bird watching. I used to love gardening. My best trip was a month spent travelling through Europe in a camper van. My motto is: Live life with honesty and integrity.



Employee

My name is **Phumudzo Nephithidi**, I am a care worker on Cedar Park.

Things you may not know about me: I was born on 18 November, 1984, in Limpopo. My home language is Venda. After passing matric, I moved to JHB; I was hired by TRS to work as a cleaner for Elphin Lodge and the care centre. After doing a care worker course in Thembisa, I became a care worker for Rand Aid, and have now been working on Cedar Park since November 2016. I love looking after my Elders – they remind me so much of my own granny who passed away recently. I am proud of my care worker certificate and would like to go further to become a sister. I love to smile, sing and laugh and make jokes. I am thankful that God gave me the gift of a beautiful voice and am proud to be singing in the worship team at my church. I also sometimes lead the service.

A few of my favourite things: I like the colour purple, red flowers, reading magazines and newspapers and watching soapies like Generations and Muhvango. I love comedy and my favourite is Mr Bean. I love Gospel music, especially Benjamin Dube and I would like to record my own Gospel CD one day. My favourite foods are short ribs with pap and vanilla ice cream. I enjoy cooking for my loved ones. My motto is: Love and help others who don't have parents, homes, food or clothing. Share what you have with the poor in your community.



Volunteer

My name is **Gloria Madison** and I am a volunteer with the OT department.

Things you may not know about me: I was born on 24 April, 1946, in what is now Botswana. It was a wonderful place in which to grow up; I enjoyed the farm life and had my own horse named Fairplay. I attended Loretto Convent boarding school in Pretoria and then trained to become a draftsman. I worked as a draftsman for many years, then became a kitchen designer and finally, a real estate agent. I met my husband, Robert, on a blind date and we've been married for 52 years. We currently live at Rand Aid's Inyoni Creek. I have very happy memories of our family home in Glendower, where our children grew up. Two of our daughters now live in New Zealand and one daughter lives in Botswana. We have four grandsons and three granddaughters.

A few of my favourite things: I love reading, especially books by Penny Vincenzi and Jodi Picoult. I am a bit of a hobbies freak and enjoy cake decorating, flower arranging, gardening, scrapbooking, decoupage and crochet work. I enjoy most music except heavy classical, and like watching programmes such as Strictly Come Dancing. I love dogs – we've always had Alsations and poodles. My friends say that I have an incredible sense of humour and am kind. But my star sign is Taurus which means that I am very particular. Hence, my motto is: If you are going to do something, do it right or don't do it at all!



Birthdays

RESIDENTS

December

- 14 Gerrie Snyman RL2 (82)
- 15 Alison Bell RL3 (81)
- 17 Peter Barker LS (94)
- 18 Margaret Richardson LS (87)
- 19 Sylvia Lawrence LS (91)
- 22 Alfred Tromp RL3 (81)
- 24 Noel Tilney RL3 (95)
- 24 Mary Nkanza RL3 (70)
- 27 Sarah Richards WL (88)
- 30 Willie Hopley RL3 (57)
- 31 Annastasia Thula CP (82)

January

- 5 Dina Van Holthoon WL (92)
- 6 Albert Levenson WL (91)
- 10 Colleen Blowe CP (86)
- 12 Nikki Els RL3 (84)
- 13 Gordon Smith CP (88)
- 26 Molly Matroos LS (46)
- 28 Anne Brokensha CP (97)

VOLUNTEERS

- 2 December Marion Tollit
- 20 December Raffaella Migliore
- 26 December Hazel Spearpoint
- 30 January Gwen Perrin

STAFF

December

- 4 Susan Esbend (WL)
- 6 Catherine Mpe (RL1)
- 9 Noluvuyo Mlandu (RL3)
- 11 Tondani Mudau (LS)
- 14 Lucky Maluleke (Security)
- 17 Shakandinnyi Ralukake (WL)
- 19 Hilda Mabaso (Housekeeping)
- 16 Evelyn Shilubane (RL3)
- 21 Thilivhali Sibiyi (RL1)
- 22 Funanani Mashapha (RL1)
- 23 Christine Kasanda (WL)
- 25 Grace Tema (Catering)
- 29 Mpho Pitso (RL3)
- 28 Bridget Maja (RL1)
- 30 Gwen Coutinho (WL)

January

- 1 Lucy Kgafela (CP)
- 3 Glenda Nkadimeng (RL1)
- 4 Rudzani Nengudza (Housekeeping)
- 6 Helen Petrie (Management)
- 15 Patrick Matshaba (Maintenance)
- 18 Priscilla Dlamini (WL)
- 22 Tshepo Malatjie (RL2)
- 24 Patricia Matebane (LS)
- 25 Laurentia Jooste (RL3)
- 27 Irene Raliphada (WL)
- 27 Virginia Sekhoacha (CP)

Staff members must collect a small birthday surprise from reception.

STAFF NEWS

Welcome to our new staff members: Sn Pretty Lekopa (RL2), Sn Shakandinnyi Ralukake (Woodlands) and Sn Noma Malevu (Cedar Park).