

Ron Smith Care Centre



@ Elphin Lodge

SEPT 2018 No.42

UPCOMING EVENTS

Support Group: The next support group for families with a loved one being affected by Dementia/Alzheimer's takes place on Tuesday, 4 September in the boardroom at 10am and Saturday, 8 September at 9:30am in the cardroom/clubhouse. Contact Lorna for more information on 082456 5692 or email lornaq49@gmail.com

Spring Day Tea: 4 September in the main hall. 10am. Wear something bright and flowery.

Lotto Concert: 12 September in the hall at 10am. Should you wish to enter the lotto draw, get your ticket from Suzie for only R10.

Boerie Braai: 14 September in the quad outside the hall. Place your order with Wanda at Elphino's Coffee shop, R25 a boerie roll.

Gardening Group: In RL3 at 10:30am on Wednesdays, 5 & 19 September.

Sing-a-long: Come sing-a-long to good old favourites on 13 & 27 September in the OT/Activity Centre. 9:30-10:30am.

Heritage Day Braai: 21 September. Wear something that shows your culture/ heritage or dress in a culture that you admire. Further details to follow.

Hands & Nails: 20 September in the OT/Activity Centre. 9:30-11:45am.

Hymn Singing: Every Tuesday in the chapel. 2pm-2:45pm.

Bible Study: Every Wednesday in the chapel. 2-3pm. All welcome.

News Group: Every Thursday, Cedar Park patio, 9:30am. All welcome.

Bridge Group: Want to learn how to play Bridge or enjoy a friendly game? Join us in the cardroom at 2pm every Friday.

LOYAL EMPLOYEES

Congratulations to the following staff on receiving long service awards:

5 Years

Elliot Masinga, Workshop
Rebecca Moilakgomo, RL2 Staff nurse
Rejoice Tshabalala, Security

10 Years

Gloria Bengu, RL1/Lakeside Staff nurse
Rosemary Khoza, RL1/Lakeside Sister
Suzie Webber, Accounts
Pauline Ncube, Security

15 Years

Dorah Dorcas Moalusi, CP Sister (retired)
Mary Steeneveldt, CP/ WL Sister

20 Years

Paul Swanepoel, Workshop

25 Years

Helen Petrie, Elphin Complex manager



Matron Avril Maltman huffs and puffs (how many candles should have been on the cake?)



Delivering groceries and the blankets we knitted for the elders at Jordan House.

Eden Thought: Giving and Receiving - Knitting blankets for the residents at Jordan House gave us a sense of purpose and connection and brought joy to others outside our own community, whilst our own residents on River Lodge 3 received a happy surprise in the form of Twiddle Muffs to keep restless hands busy. Lastly, our staff enjoyed giving Matron Avril a surprise birthday party.



Preparing to hand out the Twiddle Muffs that were donated to our residents on River Lodge 3.



Dawn Hazzard is delighted with her Twiddle Muff.



Dorothy dances her way to 100 years of age - Dorothy Mary de Bruyn, a beloved Gauteng ballet teacher for much of her life, celebrated her 100th birthday on 21 August 21. She was presented with flowers and a card by Sr Leanie Bessinger, the charge sister at River Lodge 1.

Resident

My name is **Cecily Ryder**, I stay in Woodlands. My memories are sealed away in a mind struggling with memory loss, yet surrounded with moments of joy. Sometimes it is impossible to distinguish between past and present, but thankfully, I can rely on my daughter Margi and son Adriaan to remind me of the people, events and things which have made up my life.

Things you may not know about me: I was born on 4 October 1929, the only child of loving parents. After matriculating, I did secretarial training and worked as a typist until I met my husband Jules who ran a cattle farm in Swaziland. We were happily married for 48 years until his death in 2001. His work involved much travelling across, Africa which I enjoyed. We always tried to empower underprivileged communities. We made a good team at home, as my husband liked to cook and I enjoyed baking!

A few of my favourite things: My simple pleasure is to go outdoors and enjoy nature. I was known for taking long walks which I used for exercise, contemplation and enjoying the environment. I was a keen tennis player and enjoyed reading love stories, watching wild life documentaries and listening to music from the big band era. My daughter Margi says that I was a very lively, fun-loving romantic, yet also an idealist: strongly principled with high moral standards.

Motto: You are never too old to dream a new dream.



Employee

My name is **Portia Mantome**, I am a care worker on Woodlands.

Things you may not know about me: I was born in Mt Ayliff, Eastern Cape, on 5 August 1979 into a Xhosa family. My childhood was easy as my parents looked after us so well. Now that I'm older with a family of my own, I have to hustle! After matric, I moved to JHB thinking that I was going to study nursing, but got a job as a call centre agent. I soon discovered this was not my calling and decided to train as a careworker at Nido Nursing College. After working at two other centres, I was hired as a permanent care worker at Woodlands in 2014. I love working with our elders – laughing, singing and dancing with them. I've realised that if you treat them as your granny or grandpa, they in turn will treat you like their family. I live in Boksburg and have been married to Charlie for seven years. He is a police officer. We have three children.

A few of my favourite things: I love listening to afro-jazz and going to malls and restaurants. I am a humble person who loves my God. One of my role models is Chriselda, a person who has lived with HIV/Aids for many years. She has touched the lives of many souls with her courage. I have come to realise that my passion in life is to help other people. If I won the Lotto, I would use the money to help stop suffering.

Motto: First things first.



Volunteer

My name is **Krys Geyser**. I am a friendly person who enjoys being helpful.

Things you may not know about me: I was born on 3 April 1940 in Poland and have a twin brother, Roman. My father was in the Polish army and never returned to Poland after the war. I am proud of my mother, who raised three children alone, during and after the war. When I was 17, we left Poland to be happily re-united with my father in Rhodesia. On arrival, I didn't speak a word of English and had to learn the language; I successfully passed my school-leaving exams at the age of 19. I then went to work for the British American Tobacco Company in the accounts department and married my first husband in 1965. I was married to my second husband, Johannes, for 35 years until his death in 2014. When Mugabe came into power, we sold up and moved to Johannesburg. In 2006, we fell in love with Elphin Lodge and moved in. I have two step-children, three grandchildren and two great grandchildren.

A few of my favourite things: I enjoy reading adventure and war stories. My husband and I took dance lessons at Arthur Murrays and I loved to do all the Latin American dances. I have done a lot of travelling but South Africa is the best! I enjoy church, exercises, walking, Bible study, hymn singing and knitting. I am thankful for good health, good family and friends and an enjoyable life.

Motto: Life is what you make it.



Birthdays

RESIDENTS

2 Sept, Dawn Hazzard 89 (RL3)
 3 Sept, Zarni Kempster 87 (RL3)
 3 Sept, Ursula Northern 89 (CP)
 4 Sept, Susanna Wucherpfennig 86 (RL1)
 4 Sept, Velma Pardini 89 (LS)
 4 Sept, Victor Van Eck 84 (RL2)
 5 Sept, Josephine Kew 87 (RL1)
 7 Sept, Heather Zipp 85 (RL3)
 8 Sept, Eleanor Motsepe 75 (Day Care)
 8 Sept, Irene Watson 97 (RL1)
 8 Sept, Joy Smith 86 (CP)
 16 Sept, Marianna Duvenage 79 (RL1)
 19 Sept, Phyllis Blair 88 (WL)
 20 Sept, Maureen Lang 80 (Day Care)
 23 Sept, Hilary Sidelsky 80 (RL2)
 25 Sept, Olimpia D'Ascenzo 84 (RL3)
 25 Sept, Patricia Marsicano 89 (CP)
 25 Sept, Christine Kincaid-Smith 76 (LS)
 26 Sept, Erica Penney 96 (LS)
 26 Sept, Peggy Roberts 84 (RL1)

VOLUNTEERS

3 September, Denise Stewart
 13 September, Viv Michler
 23 September, Sylvia Moodley
 24 September, Marieta Ignatova
 27 September, Adrienne Reid
 28 September, Dara Migliore

STAFF

6 Sept, Ntombi Mapasa (RL1)
 7 Sept, Lusani Mabulele (Lakeside)
 7 Sept, Dorothy Mashaba (RL3)
 11 Sept, Lungile Mhlongo (Lakeside)
 11 Sept, Germinah Baloyi (Lakeside)
 14 Sept, Iris Radebe (Housekeeping)
 15 Sept, Singathwa Siboto (RL1)
 17 Sept, Felicity Rananga (RL2)
 17 Sept, Mavis Pili (Cedar Park)
 20 Sept, Nikiwe Thengwayo (H/keeping)
 21 Sept, Gloria Bengu (RL1)
 21 Sept, Amanda Ndlovu (Housekeeping)
 22 Sept, Brenda Ratema (RL1)
 23 Sept, Phyllis Phillips (Liaison manager)
 23 Sept, Frans Masalesa (Driver)
 25 Sept, Jane Ngwenya (Housekeeping)
 26 Sept, Vivian Maphoso (Catering)
 27 Sept, Nicky Ponco (RL3)
 30 Sept, Adolphina Mangwete (CP)

*Staff members must remember to pop in at reception to receive a small birthday surprise!

FONDLY REMEMBERED

John Newman, River Lodge 1
 (21.08.2018)

* We extend our condolences to his loved ones.

WELCOME TO

Gail Spinks, River Lodge 2
 Noreen Ogilvie, River Lodge 2
 Lynette Honigman, River Lodge 3
 Hazel Kalk, Lakeside